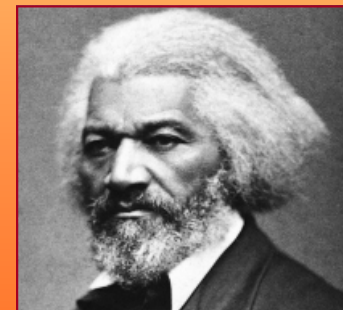


*It is easier to build
strong children than
repair broken adults.*

- Frederick Douglass (1818-1895)



Born a slave in the USA, Frederick Douglass was an abolitionist, a humanitarian and a spokesperson for social justice; he was an influential journalist and speaker. ●The quote above has been altered or 'translated' from Douglass' 19th century English with the substitution of 'adults' for 'men' in the final word. As he actively supported women's rights we think he would have approved.